

Ruhkala News and Updates: October 31, 2016

Ruhkala Website: <http://rues.rocklinusd.org/>



Ruhkala Moments: Leadership Awards



PTSC Column:

JOG-A-THON : Students were all given PLEDGE ENVELOPES.. Start getting those pledges. Keep an eye out in the next few weeks for the opportunity to help at the Jog-A-Thon

Website: <http://www.ruhkalaptsc.com>

FRIDAY CONCESSIONS - our next Friday Concessions is a BAKE SALE on Friday, November 4th. If you would love to bake something yummy or buy something yummy please sign up with the following link:

<http://www.signupgenius.com/go/20F0D49A5A822A7F49-fall>

HELP NEEDED - We are still in need of a person or persons to chair our Family Dance and our Talent Show. Please email Lvandenakker@viedu.org if you are interested.

PLEDGE DRIVE - Keep those pledges coming in for our Pledge Drive. Remember 100% of all the Pledge Drive goes directly to our students. This Pledge Drive takes the place of having students sell items. THANK YOU to all who have given so generously already!

News:

AERIES Parent Portal: Thank you to all of the parents who have signed up for the AERIES Parent Portal. Now is the time to sign up. If you need any help we are available in the office to assist you.

Girls on the Run: We would like to host this program at Ruhkala this year. In order to do so we would need a coach. Our coaches are parents, teachers, and community members who volunteer their time to bring Girls on the Run to girls in their area. You do NOT need to be a runner - You just need an enthusiasm for healthy living! You do NOT need to have prior coaching experience. They provide training, lesson plans, and materials!

You can find out more information about Girls on the Run at their website:

<https://www.girlsontherun.org/>

If you are interested in coaching please email Carmen Colhour at: colhourclan@gmail.com



Parent Teacher Conferences:

We will be holding parent teacher conferences the week of November 14th to 18th. This is an important part of continued effort to partner with you in supporting your child's education. To schedule a conference please go to the following link. You can also access the scheduler from our Ruhkala Website. The scheduler **opens TODAY!**

<http://www.canyoncreeksoftware.com/scheduler/ca/rocklin/index.cfm>

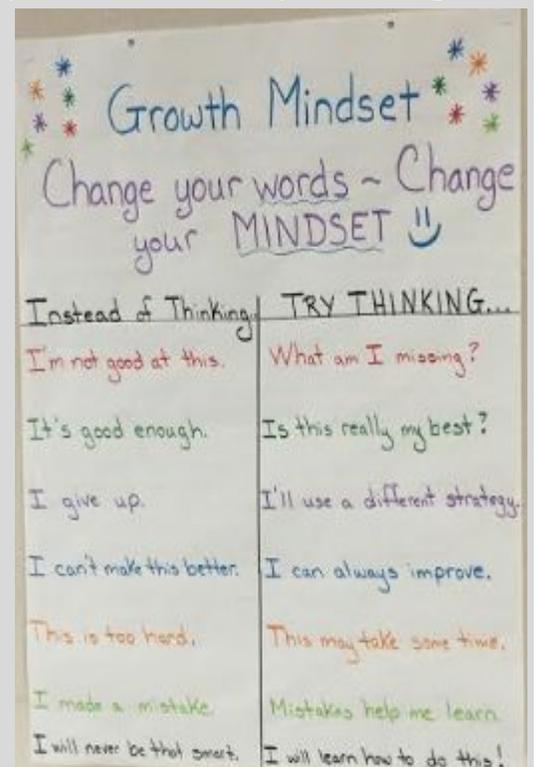
Ruhkala Moments: Coming Together



STEAM TIME: Jo Boaler, a well known professor from Stanford University, offers this advice to parents about supporting their child's math development. "Perhaps most important of all - encourage a "growth mindset" let students know that they have unlimited math potential and that being good at math is all about working hard. When children have a growth mindset, they do well with challenges and do better in school overall. When children have a fixed mindset and they encounter difficult work, they often conclude that they are not "a math person". One way in which parents encourage a fixed mindset is by telling their children they are "smart" when they do something well. That seems like a nice thing to do, but it sets children up for difficulties later, as when kids fail at something they will inevitably conclude that they aren't smart after all. Instead use growth praise such as "it is great that you have learned that", "I really like your thinking about that". When they tell you something is hard for them, or they have made a mistake, tell them: "That's wonderful, your brain is growing!"



Our classrooms at Ruhkala are embracing a growth mindset.. This poster comes to us from sixth grade.





Noteworthy Events this Week:

Monday:

Happy Halloween!

Early Dismissal Monday (Kinder: 1:10; First-Sixth 1:20).

After School: Early Engineers (Room 19 1:30)

Tuesday:

Cross Country Celebration Movie (Multi: 2:30-4:30)

Wednesday:

Ukuleles 3:30

Thursday:

Sami Circuit Family Night: (Multi 6-7)

After School: : Mad Science (Room 18)

Friday:

Leader in Me Awards Assembly: You are always welcome to stay and celebrate the spirit of leadership here at Ruhkala Elementary School.

After School: Friday Concessions (2:20-3:00)

Clocks Roll Back this Weekend!

Box Tops:

Thank you so much for taking the time to collect the Box Tops and send them to your child's teacher. Congratulations to the classes that won the first Box Top Collection Competition. Our winner is Ms. Salata's class; first runner up is Ms. Holochwost's class; and second runner up is Ms. Berridge's class. The winning class will receive a class pizza party this week. Well Done! The next competition will start on November 15th and will go through January 13th. This is our longest competition. Remember to ask your extended family and friends - they may be able to help collect Box Tops over the holidays.

