

Ruhkala a Leadership Academy

April 9, 2018

Inspired to Learn. Committed to Lead

Ruhkala Website: http://rues.rocklinusd.org/

Follow us on Twitter: @Ruhkalaleaders



I hope that everyone had a wonderful weekend and that you are enjoying this beautiful Monday weather. I am including the following information as part of an Attendance Matters campaign that is taking place district wide this year. As you know, attendance is important all year long and continues to be as we enter the last part of our school year. I know that you know that the final months of school have tremendous value.

Here are some attendance tips that promote student learning:

- 1. Make sure your child has a regular bedtime and establish a morning routine so they are rested and alert.
- 2. Turn off electronics including TVs, phones, and tablets at bedtime.
- 3. Make sure clothes and backpacks are ready the night before.
- 4. Talk to teachers and staff for advice if your student feels anxious about going to school.
- 5. Develop back up plans for getting to school if something comes up. Call on a family member, neighbor, or another parent to take your student to school.

K-2 Opportunity

A BIG Thank you to Ms. Calabrese for offering to do another round of our K-2 Spanish Club. Please see the sign up sheet attached to this newsletter and this week's student folders. We will launch the next round on April 19th.



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PTC Update

http://www.ruhkalaptsc.com

Welcome Back Huskies!

We can't wait to see you at our AWESOME carnival on Friday, April 13th from 5-8pm! Wristbands are available now and we encourage you to please buy ahead of time! Fun games, food, activities and prizes are sure to make this a memorable night! Did you know that ALL sales from our wristbands go directly to our amazing teachers to help fund supplies, projects and materials in their classroom? It's a win-win!

Save the date for our next spirit night at Round Table Pizza!!!

Thursday, April 26th 5pm-9pm at both Rocklin locations! Look for a flyer in take home folders soon!

Thank you and see you at the carnival!!

Go Huskies!



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Monday

Early Dismissal (Kinder 1:10/First to Sixth 1:20)

Early Engineers 1:30-2:30

Tuesday

VAPA Ms. Storey

Sixth Grade to Spring View

Choir Practice (3:30-4:30/Room L)

Wednesday

VAPA Ms. Handley/Ms. Van Der Kamp

Ukuleles - No Class this Week

Thursday

VAPA Ms. Jensen/Ms. Brown

Drama Club 3:30-4:30

<u>Friday</u>

VAPA Ms. Kelley/Mr. Garza

Leadership Assembly (7:45-8:10)

Ruhkala Spring Carnival (5:00 to 8:00)

Please Read:

-Choir: Save the date for another memorable choir evening performance on Wednesday, April 25th at 6:00pm.

-Ukulele School Performance: May 4th - part of the Friday morning Leadership Assembly.

-Spanish Club (K-2): Sign Up Now! Starts April 19th

Spanish Club

for Beginning Learners

Grades K thru 2

In Mrs. Salata's Classroom

Room K3

Ruhkala a Leadership Academy

A fun-filled program conducted by a native Spanish speaker and Mrs. Salata. Your child will be immersed in the Spanish language through music-songmovement-activities-picture books-apps-and games.

Thursday Afternoons from 2:30-3:00

Six Week Session Starting April 19th to May 24th.

Cost per child: \$40.

Small Group Size! Space is limited to the first fifteen children who turn in a permission slip and payment. Please fill in the form and return it to the office. Cash only please.



Ruhkala Spanish Club Grades K-2

Begins April 19th from 2:30-3:00

The class will be lead by Ana Maria Calabrese who is a mom of one of our first graders. During the past 7 years she has been training herself on how to raise bilingual children. She and her husband have been using the One Parent, One Language technique and offering their two children every resource available to enrich and support their bilingualism. Ana Maria is a former public relations specialist with a degree in communications and journalism. She loves to read, sing, and play guitar to her children and that is what she will be sharing with the students of the new Ruhkala Spanish Club. Mrs. Salata will be assisting in the class.

Please return this interest slip and payment to the front office. There is a \$40 dollar fee to cover the cost of materials.
Student Name:
Student's Teacher:
Please list the name and contact number of the person who will be picking up your child from Ruhkala Spanish Club: Name:
Number:
Parent Signature:



Staff Appreciation Week 2018

"To the world you are a teacher but to ------Us you are a star"

Staff Appreciation Week is quickly approaching. We will be honoring our amazing Ruhkala Staff during the week of May 7-11, 2018!

This year I am asking for some help from each class room. I would love to have two volunteers from each classroom to help me that week. It won't require a lot of your time, I would just need some extra hands, ideas and input to make this week more personal for each staff member. I could also use some extra parents to help with the extra class rooms: computer, RSP, library and P.E.

If you are wanting to get involved but don't have a lot of time to spare this will be perfect for you! Please email me at nicolelathropre@gmail.com and let me know if you would like to help. Also, keep an eye out for a sign up genius that will be sent out soon!

If you own a business or work for a company that would like to donate items, services or activities to the staff week please let me know. In the past we have had car washes, movie tickets, dinners, lunches, cleaning services donated and the staff loved it.

Thank you again for always being willing to help out, your time and donations are what make this week possible. If you have an idea that will help make this week super special please feel free to share it with me.

Thank you,

Nicole Lathrop



Calling ALL Ruhkala Performers!!!

The Talent Show is coming...

Tryouts will be held on Thursday, April 26th At 2:30 pm in the Multi.

Sign up in the office right away and start preparing your routine!

Requirements:

- Routines *no longer than 2-1/2 minutes*
- Music must be appropriate for school on a flash drive or emailed to marcschmatjen@gmail.com
- Performers must attend dress rehearsal on Thursday, May 24th, 2:30-4:30 pm
- Performers cannot be in more than two routines

Talent Show will be held on Friday, May 25th @ 8:15am





LEGO BUILDING

Classes

> IT'S OUR last session OF THE SCHOOL YEAR!









propulsion, energy transfer, or bioluminescence yet?

Maybe it's time to try Early Engineers!

Our kids need the real world skills and experience that can only be gained through STEM (Science, Technology, Engineering and Math). Each week, Early Engineers offers a new building challenge, and using a variety of materials, such as Legos, we explore a brand new STEM concept. We choose concepts that would otherwise not be covered until middle, or even high school. We aim to familiarize students with these concepts now, so they are confident and willing to engage in the sciences throughout their life!

Come build with us!

dreamclasses.org

916-419-7644



Final Session: Last Chance to take Early Engineers!

Registration Form



Class Details

Day of the week: Monday

After School Building Classes at Ruhkala!

	Please do not return this form to the school office.
Time: 1:30-2:40pm	To register using this form, please mail to
Classroom: Room 12	Dream Enrichment Classes. 1820 Tribute Rd, Suite F Sacramento CA 95815. The fastest way to register and reserve your space is to register online at dreamclasses.org —
Session D: 4/16, 4/23, 4/30, 5/7, 5/14	is to register diffine as dearnolasses.org
Parent Name:	Parent Email:
Home Address:	Parent Cell Phone:
Parent Alternate Phone (required):	Alternate phone will be used when we cannot reach a parent on the main cell phone number.
Child Name:	Date of Birth:/ Grade
Known Allergies or Medical Conditions:	
Release Option: [] Guardian pick-up from class	ss [] Staff escort to after school care [] Independent release to parking lot or walk home
Does your child attend after school care? [Yes [] No Please choose "yes" even if your child only attends infrequently.
KINDER QUESTIONS: If your child is a Kinder,	is he/she [] AM [] PM [] ALL DAY and what is his/her room #?
Yes! Register us and save my	child a seat for the last session of Early Engineers!
Session D: 4/16, 4/23, 4/30, 5/7, 5/14 [] One payment of \$80 OR [] Two payments of \$40	
	Two payments: \$0 due now, \$0 auto-charged 30 days from start of session
Payment and Walver	
] VISA [] MC[] DISCOVER [] AMEX [Check Payable to "Dream Enrichment Classes" (No checks for payment plans, please)
Credit Card Number:	Expiration Date:
refunds and discipline. By signing below, you acknowledg that you waive any right to claim against Dream Enrichme	ses.org/policy it includes such information as medical liability, photo release, transfers, cancelation fees ge that you have both read and understood all polices outlined in the aforementioned document, including ent owners, staff and teachers in the event of an accident, injury or loss of personal items. A copy of this poli- enail. If you have provided your credit card information, you agree to let Dream Enrichment charge your card
Parent Name	Signature
Your registration will not be processed without both paym	ent and signature. Please call 916-419-7644 if you have any questions

These materials are neither sponsored nor endorsed by the Rocklin Unified School District. RUSD makes no representation regarding the nature or quality of the services or activities promoted. The Rocklin Unified School District shall be held harmless.

Summer Camp Early Bird Pricing ends soon on www.dreamclasses.org Join us for art, LEGO building, coding, robotics and stop-motion animation camps!



WHITNEY ATHLETICS 2018 Summer Camps & Clinics



TECHNIQUE - STRENGTH - FLEXIBILITY SPEED - AGILITY - FUNDAMENTALS

REGISTER TODAY

WWW.WHITNEYWILDCATS.ORG

ROCKLIN HIGH SCHOOL

2018 Summer Camps

Rocklin High School will be offering the following summer camps. For more information please visit our website rhs.rocklinusd.org or contact the coach or camp director.

BASKETBALL

\$95

BOYS: Coach: Steve Taylor June II-14 8am-Noon Grades K-8 Contact: staylor@rocklinusd.org

Early registration must be received by June 4th Walk-in registration 7:30am first day of camp - \$110 \$25 administration fee for cancellations.

GIRLS: Coach: TBA \$90

June 18-21 8:00am-Noon Grades K-8

Contact: rspears@rocklinusd.org



Thunder FOOTBALL

\$80

Coach: Greg Benzel
Grades 2-8 July 10-12 & 17-19
6-8:00pm 6 day non-contact camp

Camp will focus on fundamentals by position & learning offensive & defensive skills the "Thunder" way.

- * early registration by June 1st guaranteed T-shirt \$80
- walk-up registration and/or after June 1st is \$100, no T-shirt

Register Online at: www.jrthunder.com



MAY GOLF \$75 per session Camp Boys & Girls / Grades 1-9

Director: Tim Hurrianko Sessions @ Whitney Oaks

Two 4-day sessions: May 7 - 10 3:30-5:30pm

May 14-17 3:30-5:30pm

(Choose one or attend both! Open to all skill levels. Space is limited. Registration deadline May 4th)

Camp will focus on golf fundamentals through fun, practice, games and drills. Top local teaching pros and RHS Golfers will work one-on-one with campers to teach and reinforce skills.

Contact: thurrianko@rocklinusd.org

Thunder TENNIS Boys & Girls Grades 1-9

Coach: Dale Eckenburg

Two 1- week sessions available, choose one or attend both:

> June 11-15 8-10:00 am June 18-22 8-10:00 am

Contact: deckenburg@rocklinusd.org

*Registration deadline is June 4th
Previous camps have sold out / camp limit is 115 campers

VOLLEYBALL Girls Grades 4-10

\$110

\$70

Coach: Dave Muscarella June 25-29 9:00 am-Noon

Contact: dmuscarella@rocklinusd.org

*Pre-registration deadline June 15th *walk-in registration available June 25th -- \$120

Camp will focus on improving skills while learning the fundamentals. Major emphasis is placed on encouraging a positive attitude and the value of hard work.

DANCE Camp Girls & Boys / Grades 1-8

Coach: Abby Huber

July 9-13 9am-12pm Performance on Friday!

Contact: ahuber@rocklinusd.org

* Late registration after June 10 - walk up July 9th \$110

WATER POLO Camp

\$70 per session

\$100

Boys & Girls / Grades 3-8

Two 1- week sessions available, choose one or attend both:

June 18-22 and June 25-29 from 12:30-2:30 Registration deadline is June 4th.

Contact: April - <u>akenitzer@rocklinusd.org</u> Scott - <u>sbergemann@rocklinusd.org</u>

All participants should check school website or contact coach for specifics of each camp:

PLEASE USE 2018-2019 GRADE LEVELS

ROCKLIN HIGH SCHOOL

🖎 2018 Summer Camps 🎉



REGISTRATION FORM

PLEASE COMPLETE ONE FORM PER CHILD / PER CAMP AND SEND ALONG WITH SEPARATE REGISTRATION CHECKS TO: ROCKLIN HIGH / Camp Name

5301 Victory Lane

Rocklin, CA. 95765 Girl Name: at time of camp) Camp Choice: Dates of Camp: Address: City / Zip Code School: Grade: (2018-2019 school year) Parent Name(s): Parent Email Address: To receive confirmation / schedule changes / future camp information Parent Contact # during camp hours: T-Shirt Size: YOUTH: Sm Med Large ADULT: Sm Med Large XL (circle one) Please BE SURE to indicate the camp and correct dates on the form above. Also include your choice on your registration check. I hereby authorize the staff of Rocklin High School Camps to act for me according to their best judgment in any emergency requiring medical attention. I release the camp personnel and Rocklin Unified School District from any and all liability for any injuries and illnesses incurred while at summer camp. I have health insurance covering my child in case of an injury. Parent or Guardian Signature: Policy# Insurance Company

Please initial here if you DO NOT want your child to appear in any camp photos that will be

used for future publicity for our camps, including school websites.



Rocklin Youth Soccer 2018 Registration



On-Line Registration Please visit www.rocklinsoccer.org

REGISTRATION FEE

\$115 one player, \$230 two players, \$300 family of three or more players.

Each player is also charged a \$30 raffle ticket fee at time of registration

Register by May 21st deadline to avoid late fees and ensure placement*

New Players - You will need to upload at time of registration a copy of your child's certified birth certificate and a recent picture. Registrations will not be accepted without this. Hospital and baptismal certificates will not be accepted.

Returning Players - You will not need to submit another birth certificate copy, if you played last season, however, an updated picture will need to be uploaded. If you skipped last season, you will need to submit another copy of your birth certificate.

Pictures: You will need to upload a jpeg 2mb or smaller headshot photo at the time of registration. Photos should be in color and no hats or sunglasses on in photo. Once you upload the image, please crop to where 85% of the child's face covers the photo.

**Team placement requests may be made at time of registration. While we will do our best to accommodate requests, not all requests can or will be honored.

OTHER IMPORTANT INFORMATION

- If your child's birth date falls between January 1, 2000 and December 31, 2013 they are eligible to play soccer this season.
- Teams will be formed based on age, child of coach, returning player to same team, school child attends, etc.
- Practice begins in early August, and will be held at a park or school in Rocklin. Practice times, days, and locations
 will be determined by the Club. No requests honored. Players will be contacted in the last week of July directly by
 their coaches regarding practice times and locations.
- Soccer games begin in September and run through November. Most games will be played in Rocklin, Roseville, Loomis, Granite Bay and Lincoln.
- Uniforms are to be purchased by the player. The Club does not provide uniforms. Players will need to wear shinguards and soccer cleats to practices and games. Baseball and softball cleats <u>may not</u> be worn for soccer.
- Payment in full will be expected at registration. Please consult website for RYSC drop policy.
- Financial Aid may be available for those who apply.

*LATE REGISTRATION

There is a <u>\$25 per player</u> late fee charged at the time of registration for any registrations after May 21st. Later Registration period runs from 5/21-6/10. A waiting list will be started for players registering 6/11-7/1.

Placement is not guaranteed for players registering in the 5/21-7/1 time frame.

For more information, please visit our website - www.rocklinsoccer.org

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6530 TURNSTONE WAY
ROCKLIN, CA 95765
(916) 632-6560
RUES@ROCKLINUSD.ORG
@RUHKALALEADERS



Our Aspiration 2016-2019

The mission of Ruhkala Elementary, a community of inspired leaders, is to ignite the passion in each individual student for learning and leading through engaging innovative opportunities, challenging educational experiences, and cohesive partnerships with families.

Objectives: Measures of Success

- A. All students will demonstrate growth toward their personal academic goals on an annual basis through access to an innovative academic program which includes core instruction, intervention, and enrichment.
- B. Each school year, all students will participate in research based projects utilizing technology.
- C. All students will be self-reflective to become better problem solvers and critical thinkers.
- D. All students will continuously increase understanding and application of leadership roles and responsibilities.
- E. Ruhkala students will continue to benefit from progress towards increased engagement in school culture. This includes opportunities for extracurricular enrichment.

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Strategies and Actions

- 1. We will provide innovative and engaging academic learning experiences for all students to be prepared for the 21st century.
 - 1.1. Support student academic growth through authentic, differentiated, and guided inquiry-based learning experiences
 - 1.2. Establish a system that provides engaging and stimulating learning experiences, with the incorporation of technology, to identify as a STEAM school
 - 1.3. Provide students a culturally relevant enrichment program for development of global competence through self-expression, reflection, creativity, and intellectual growth by partnering with our parent and community population
- 2. We will develop leadership skills, self-reflection, and personal accountability.
 - 2.1. Incorporate more leadership involvement in the Ruhkala community to help ALL students choose to be leaders in a nurturing environment that provides them the necessary authentic learning and leadership opportunities, while identifying and cultivating their special gifts and talents
 - 2.2. Showcase student and staff interests to promote different leadership styles
 - 2.3. Achieve personal accountability through the implementation of a school wide behavior program that teaches children appropriate behavior and behavior expectation
 - 2.4. Teach emotional literacy, social competence, conflict resolution, and positive peer relations
- 3. We will promote school pride through student, family, and community involvement.
 - 3.1. Create and implement a plan for rebranding Ruhkala Elementary School to ensure a sense of pride and community involvement
 - 3.2. Establish a positive environment that will build pride and community involvement
 - 3.3. Foster the relationship between school, family, and the community to establish a sense of belonging