



Ruhkala a Leadership Academy

December 3 , 2018

Inspired to Learn. Committed to Lead

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



Monday 12/03/18	<ul style="list-style-type: none">● Maroon Monday: Wear Maroon to Show your Spirit!● Leadership Academies: Grades 4-6 12:45-1:20● Early Out Monday: Kinder 1:10/1st to 6th 1:20
Tuesday 12/04/18	<ul style="list-style-type: none">● VAPA: Ms. Doehrer/Ms. Holochwost● Ruhkala Choir: 3:30-4:30 Room L● Husky Shuffle 3-5● Martial Arts: 2:30 Stage● RUSD Information Night for RA: 5:30 Multi.
Wednesday 12/05/18	<ul style="list-style-type: none">● VAPA: Ms. Salata/Ms. Heap● Husky Shuffle 3-5
Thursday 12/06/18	<ul style="list-style-type: none">● VAPA: Ms. Yamasaki/Ms. Brown and Ms. Blaine● Husky Shuffle 3-5● Martial Arts: 2:30 Stage● PTC Monthly Meeting 2:30-3:30/ Library
Friday 11/30/18	<ul style="list-style-type: none">● Ruhkala Leadership Assembly: 7:50 Multi.● VAPA: Ms. Gardetto/Ms. Leavitt● Fire Drill



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PTC Update

<http://www.ruhkalaptsc.com>

Holiday fundraiser goodies will arrive on December 7th! Pick up begins at 2 PM in the multi! ALL items MUST be picked up by 3pm. Please make arrangements if you are unable to pick up at this time. Thank you families for making this another huge success for our school!

Let's kick up our Husky holiday spirit and have a fun family night! Hosted by your PTC, join us Thursday, December 13th, 6:30-8pm. Wear your PJ's, bring your favorite board game and we will provide the rest! Enjoy hot cocoa, cookies and fun! This is a free event we hope your family will enjoy. Please rsvp to the following link if you plan to join us: [LINK](#)

The next PTC meeting is this Thursday, December 6th at 2:30 in the library. We are looking for a Sunshine Committee member so please join us if you are willing to help and see what is new!

Monday madness is coming up next Monday! Join us for the fun! Sign up in the office!



Celebrate Hour of Code Week

Free Community Open House hosted at Parallax Inc.

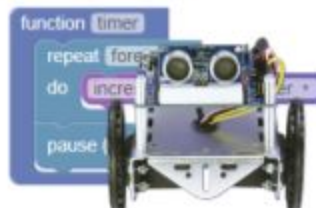
We are inviting the community to join Parallax in celebrating Computer Science Education Week with Hour of Code™ activities on Wednesday, December 5th and Thursday, December 6th. Parallax manufactures robotics and electronics in addition to developing educational STEM products and resources. As a third-party curriculum provider for Code.org, Parallax is committed to inspiring students to dig deeper into electronics and programming.

December 5th and 6th

3 PM to 6 PM

599 Menlo Drive

Rocklin, CA 95765



Featuring

- Hourly tours of Parallax's headquarters (3 PM • 4 PM • 5 PM)
- Hands-on activities with the Scribbler 3, FLiP Try-it Kit, and ActivityBot 360°
- A raffle, goodies, and prizes!
- Meet Parallax roboticists and learn about the history of Parallax and robotics, electronics, and coding
- The Parallax On-Site Shop will be open for all your robotics needs

**HOUR
OF
CODE**

Bring your friends and family and join the growing movement of 100 million students worldwide exploring coding and robotics!

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Hands-On Science!

After School!

STEM learning (Science, Technology, Engineering, Math) with hands-on science!

Spring 2019: Crazy Chemworks

Shake up a flask of science fun in the lab as a junior chemist! All things chemical are packed into hands-on experiments using actual laboratory tools. Build up and break apart molecules! Pick up some tricks on chemical changes!

**Class Held at:
Ruhkala Elementary**

Class Day: Thursdays
Class Time: 2:30 PM – 3:30 PM
Grades: K - 6
Program Length: 6 Weeks
Spring Start Date: 3/21/19
Pricing: \$90 (\$100 after 3/14/19)

**REMEMBER, CLASSES DO FILL, SO...
DON'T DELAY...ENROLL ONLINE TODAY!**

Sacramento.madscience.org
ph: (916) 779-0390
fax: (866)846-3563

**GUARANTEE YOUR SPOT! Register online (best)
or mail this form directly to Mad Science!**

**Please DO NOT leave registrations in school
office or with child's teacher.**

STEM

SCIENCE | TECHNOLOGY | ENGINEERING | MATH

We reserve the right to substitute equally exciting classes when necessary.

SPARKING IMAGINATIVE LEARNING

Ruhkala	Spring 19 <input type="radio"/>	Date of Birth	Grade Level	Child's Teacher	Cost
Child's Name:					
Home Address:			City:	Zip:	
Parent's Email (required for registration and class communication):					
Health/Allergy Concerns:					
Phones (2 required): (H)		(C)	(W)	Phone:	
Emergency Alternate Contact Name:				Phone:	
My child will: () Be dismissed without escort at the door					
() Attend Day Care at the School () Be signed out by: _____					
Parent's name: _____		Signature: _____		Date: ___/___/___	
PAYMENT OPTIONS: () Check payable to Mad Science MAIL CHECK & FORM TO: Mad Science, 1808 Tribute Rd, Ste E, Sacramento, CA 95815					
() MasterCard () Visa () AmEx		Zip Code: _____	Card #: _____	Expires: ___/___	CVC Code: _____
Name as it appears on the card: _____			Signature: _____		

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Tri City Little League

2019 Spring Registration Begins November 1st



Baseball season is right around the corner -
Come and join over 59 years of tradition at Tri City Little League!!!
Rocklin's Tri City Little League offers a safe, positive environment
for boy and girls ages 4 – 14.

Division Breakdown and Costs*:

- **T-Ball Division (Ages 4-5) \$100**/\$115**
- **Farm Division: \$135**/\$150**
- **Minor & Major Division: \$160**/\$175**
- **Intermediate (50-70) & Junior Division: \$135**/\$150**

*We offer \$10 sibling discount

**Early registration discount for registering by December 14th

Registration fee includes \$25 Snack Bar Fee. Additional \$25 Fundraising Fee required
An additional fee of \$25 will be added to those not registered by January 21, 2019

Player Requirements:

- ❖ All athletes must live or attend school within the Tri City Little League boundaries
- ❖ Players must be born on or before August 31, 2015

Register now at
www.tricitylittleleague.com

Questions:

For more information regarding boundaries and registration for the upcoming 2019 Little League season, please visit our website or send an email to info@tricitylittleleague.com

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Youth Boys & Girls Track & Field

Don't Miss out on the FUN!!

Beginner and Experienced Athletes Welcome!

www.eteamz.com/RosevilleExpress

501(c)3 Non-Profit



Running Events:

Short, Mid, and Long Distance
Hurdles and Relays

Jumping Events:

Long Jump, High Jump, Triple Jump

Throwing Events:

Javelin, Shot Put, Discus

Other Events:

Pole Vault
Steeple Chase
Race Walk
Pentathlons & Decathlons

Coaching Staff:

Work with Rocklin HS Co-Head Coach
Roosevelt Kent and many other
experienced coaches who specialize
in coaching each event

Who:

Youth Boys and Girls, Ages 7-18

When:

Full Season: February - July 2019

Practices start February 11, 2019 @ 6 pm

Competitions start March 2019

See website for full schedule

Where:

Practices at Rocklin High School Track
5301 Victory Lane, Rocklin, CA 95765

Meets take place throughout Northern
California including Rocklin, Sacramento,
Stockton, Oakdale, and Reno, NV

USATF Junior Olympic Nationals
Sacramento, CA CSU - Sac State
July 22-July 28, 2019

AAU Junior Olympic Nationals
Greensboro, NC ATT - Aggie Stadium
July 29 - August 3, 2019

**Want to check us out
before joining?**

Come to our

RUN-JUMP-THROW CAMP

Saturday February 9th from 9am - 5pm
Rain or Shine
Rocklin High School
Youth Boys and Girls Grades 1 - 8

Registration Go to

www.CoachORegistration.com

Scroll down to February 9th

Click on RETC's 2019 Run, Jump, Throw Camp

Last day to Register Tuesday, February 5, 2019



**For more information check out our website
or email Coach Maura at bookoutgen@yahoo.com**

RUNJUMPTHROW CAMP

Grades 1-8

www.eteamz.com/RosevilleExpress



Free T-shirt to
first 50 athletes
to pre-register

FEBRUARY 9th, 2019 - Saturday

9:00am – 5:00pm Rain or Shine

WHAT'S HAPPENING?

Rocklin High School Track & Field team and REVOLUTION EXPRESS TRACK CLUB are partnering to put on a Run, Jump, Throw camp to kick off the 2019 spring track & field season.



REGISTRATION INFO

REGISTRATION Go to CoachORegistration.com. Scroll down to February 9th. Click on [RETC's 2019 Run, Jump, Throw Camp](#)

REGISTER BY: February 5th

COST all day camp - \$60

NOTE Dress in warm layers and always have a sweatshirt, water bottle, and running shoes (track spikes not required).

Bring Sack Lunch and Snacks. No microwave or refrigerator available.

Parents are welcome to stay and watch, but need to stay off the track and in-field during the camp.

WHAT WILL YOU LEARN?

RUNNING Correct running form, starts, relay hand-offs, distance techniques

JUMPS High jump, long jump, triple jump, pole vault

THROWS Shot put, discus, javelin, hammer

RACE WALK Correct technique



For questions please contact us at: bookoutgen@yahoo.com

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MONDAY MADNESS

SIGN UP TODAY! **ROCKLIN GROCERY OUTLET** IS PROVIDING THE SNACK AND THE PTC IS PLANNING THE PLAY DATES, ASK YOUR FRIENDS AND JOIN THE FUN!

\$5 PER MONDAY ~ \$ 20 FOR THE FIRST FOUR PLAY DATES
\$ 35 ~ FOR THE WHOLE YEAR

WHO? All Huskies
Kinder - 6th grade

*CHECKS MADE OUT TO RUHKALA PTC

WHEN? 1:30 - 2:30

WHAT? * SLACKLINE * OLYMPICS

* GROUP ACTIVITIES * RELAYS

* MINUTE TO WIN IT GAMES

Immediately after school

Kinders will be escorted

WHERE? Ruhkala's Multi Purpose Room

Pick up will be from the back parking lot

September 17

October 22

December 10

January 14

March 18

April 29

May 13

WHY? School pick up is difficult on short Mondays, kids want play dates, all monies earned go right back into the school to help our Huskies!

Looking for a volunteer opportunity (high schoolers welcome), have a question, drop me an email, at ruhkalaptc@gmail.com

PLEASE FILL OUT ONE TICKET TO FUN PER CHILD

Child's Name _____ Food Allergies _____

Teacher _____ Grade _____

Parent's Name _____ Number _____

email _____

My child will.... { } walk home { } I will pick them up

{ } go home with _____

Emergency Name and Number _____

Parent Signature and Release of Liability _____ \$ _____

ADMIT ONE